



2016



# Summer Fling

Cabarrus County Camps and Classes

## Junior Leader Program

Youth ages 16 and older may apply.

Training: Two day workshop in June  
Work Hours: At least ten days

Pay: \$200 towards attending 4-H Teen Trips

See Tracy LeCompte for details.

## Kickoff Celebration

### Bicycle Rodeo at Intimidators Game

Saturday, June 11th, 2016

3:00 pm -5:00 p.m.

# **Trips**

## ***Citizenship Focus***

June 13-15

Cost: FREE - Transportation arranged with 4-H Agents

Ages: Limited to two youth chosen from eligible applicants. See Office for application.

Description: Three day overnight event held in Raleigh. Participants meet state legislators, explore government buildings and participate in citizenship activities.

## ***Electric Congress***

July 11-13

Cost: FREE - Transportation arranged with 4-H Agents

Ages: Limited to youth participating in Electric Projects or Program in 2015

Description: Three-day overnight at a UNC system campus around the state sponsored by our NC Electric Co-Op and local energy companies. Students learn more about electrical engineering, circuits, wiring, and much more with hands on and community service activities.

## ***NC 4-H Congress***

July 15-19

Cost: TBD

Ages: 13 +

Bus will leave from 4-H office at 5:30 p.m. on July 15. We will stop for dinner along the way.

Description: Participate in the culminating State 4-H event with a 4 day stay on NCSU campus, leadership workshops, powerful guest speakers, awards ceremonies, dances and elections.

## ***Overnight Residential Camp at Betsy Jeff Penn***

July 31-Aug 5

Cost: \$420

Youth ages 8-14 Bus will leave from office at 12:30 p.m. 7/31

Description: Spend six days and five nights at the beautiful Betsy Jeff Penn 4-H Center. Youth will experience hiking trails & eco-adventures as well as swimming, fishing and canoeing in Lake Hazel. Rock climbing, horseback riding, crafts, campfire and camp songs all add to the traditional camping experience. Payment includes all meals, store allotment, lodging and activities.

Camping options include:

10 spots available

Traditional Camper - Ages 8-12 - Stay in cabin with age group

Adventurer Camper—Ages 12-14 includes a one night at The Outpost

Trekker Camper—Ages 13-14 Offsite camping, paddle Dan River

Leader In Training—Ages 15-17 Stay in cabin with traditional campers, but assist with leadership

## ***Reed Gold Mine Trip***

August 11

Cost: \$10

Time: 9:00 a.m. - 4:00 a.m. at 4-H Office

Ages: 8+ Families may attend with own transportation

Class Size Maximum: 12

Description: Explore the place where gold was first found in North Carolina. We will hike around the site as well as explore the mine and visitors center. Cost includes panning for gold and souvenir purchase. Youth will need to bring lunch. Snacks, materials, activities are included.

## ***Youth Summit***

August 12-13

Cost: Free

Ages: 13+

Description: Youth take part in citizenship activities as part of our North Carolina Association of County Commissioners Annual Conference. Network with local county commissioners

# Cloverbuds (5-8)

## ***Eat the Rainbow***

June 15-16                      Cost: \$30                      9:00 am – 12:00                      Ages: 5-8                      Class Size: 15 Max

Description: Explore nutritious and easy to prepare snacks and foods eating all of the colors of the rainbow. Focuses on healthy eating and kitchen safety, while creating fun to eat foods. Snacks, equipment and activities are included.

## ***Cloverbud STEM Day***

July 6                              Cost: \$30                      9:00 am – 3:00 pm                      Ages: 9-13                      Class Size: 15 Max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Youth will need to bring lunch. Snacks, activities and all materials are included.

## ***A Day on Ms. Wendy's Farm***

July 18-19                      Cost: \$45                      9:00 – 12:00 noon                      Ages: 5-8                      Class Size: 15 Max

Description: **Camp meets at Allee' Bubba Farms** at 3600 Wendy Lane, Concord 28025 located off of Roberta Road. Explore fun antics on the farm with horse husbandry, beekeeping, organic vegetable farming, vermiculture, and poultry science. Please dress with long pants and closed toed shoes. Snacks, activities and all materials are included.

## ***Cloverbud Art Camp***

August 2-4                      Cost: \$45                      9:00am – 12:00 noon                      Ages: 5-8                      Class Size: 15 Max

Description: **Meet at the Sundae Art Gallery** in downtown Concord to explore art in different media. explore local artists in the historical area above the Cabarrus Creamery. Class is led by licensed art teacher, Andrea Sowle. All materials included.

## ***Lamb Camp***

August 8<sup>th</sup>                      Cost: \$30                      9:00 am- 3:00 p.m                      Ages: 5-10                      Class Size: 12 Max

Description: Come and learn the basics of maintaining and training a show lamb for the Cabarrus County Fair. Youth will travel to farms and FFA chapters to work with local teens on training lambs. Participating youth will be eligible to show at the Fair upon completion of camp and attending practice days with local FFA youth. Youth will also learn basic of feeding and caring of show lambs. Youth will need to bring lunch. Snacks, travel, activities and materials are included. We will be transporting, so please make arrangements for modified seating if needed.

## ***Cloverbud STEM Day***

August 10<sup>th</sup>                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 5-8                      Class Size: 20 Max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Youth will need to bring lunch. Snacks, equipment and activities are included.

## ***Cloverbud STEM Day***

August 17                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 5-8                      Class Size: 20 Max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Youth will need to bring lunch. Snacks, equipment and activities are included.

# Junior 4-H'ers

## ***Junior STEM Friday***

June 17                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 9-13                      Class Size: 25 Max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Youth will need to bring lunch. Snack and activities are included.

## ***Cooking 101***

June 29-30                      Cost: \$30                      9:00 a.m – 12:00 noon                      Ages: 9-13                      Class Size: 18 Max

Description: Explore culinary arts with easy food preparation including stove top, baking, microwave and fresh methods. Education includes knife skills, food and kitchen safety, family meals and quick snacks. All food, materials and activities are included.

## ***Garden Camp***

June 14-16                      Cost: \$30                      9:00 a.m. – 12:00 noon                      Ages: 9-14                      Class Size: 20 Max

Description: Camp meets at Elma C. Lomax Incubator Farm each morning. Must have own transportation. Youth will explore local foods, gardening basics and environmental aspects of landscaping. Snacks, equipment and activities are included.

## ***Intro to Robotics***

June 20                      Cost: \$10                      8:30 am – 4:00 pm                      Ages: 10 +                      Class Size: 12 Max

Description: Travel with us to Rowan County Extension Office to explore Lego Mindstorm Robotics. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

## ***Advanced Robotics***

June 21                      Cost: \$10                      8:30 am – 4:00 pm                      Ages: 10+                      Class Size: 12 Max

Description: Travel with us to Rowan County Extension Office to explore Lego Mindstorm Robotics. Youth must have participated in an entry level Robotics class in the past. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

## ***Sweet Tooth Camp***

July 7                      Cost: \$30                      9:00 am-3 pm                      Ages: 8-13                      Class Size: 25 Max

Description: Practice preparing, baking and decorating an assortment of sweets, including cookies, cupcakes and candies. Youth will be preparing desserts for community service as well. Youth will need to bring lunch. Snacks, recipe book, activities and all materials are included.

## ***Stitches in Time***

July 8                      Cost: \$30                      9:00 am – 3 pm                      Ages:8-13                      Class Size: 25 Max

Description: Practice basic stitches to complete a variety of different hand sewn projects and creating lap blankets for Meals on Wheels. Youth will need to bring lunch. Snacks and all materials are included.

## ***Creative Arts Camp***

July 11-12                      Cost: \$30                      9:00 am – 12 noon                      Ages:8-13                      Class Size: 25 max

Description: Practice art skills in a variety of mediums to complete a variety of different handmade craft projects. Youth will also be involved with creating Worry Stones for our local veterans. Youth will need to bring lunch. Snacks, activities and all materials are included.

### ***Junior Art Camp***

July 19-21                      Cost: \$45                      9:00 am -12:00 pm                      Ages: 8-13

Description: Meet at the Sundae Art Gallery in downtown Concord to explore art in different media, discover local artists in the historical area above the Cabarrus Creamery. Class is led by licensed art teacher, Andrea Sowle. All materials included.

### ***Archery Camp***

July 22                              Cost: \$20                              9:00 am – 3:00 pm                              Ages: 10+                              Class Size: 12 Max

Description: Join us as we learn all about archery and related sports. Make your own arrow heads and an ancient spear throwing device called an Atlatl. We will then spend the afternoon at Boss Archery learning the real thing! Youth will need to bring lunch. Snacks, travel, activities and all materials are included.

### ***Jr. STEM Friday***

July 29                              Cost: \$30                              9:00 am – 3:00 pm                              Ages: 9-13                              Class Size: 25 max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Youth will need to bring lunch. Snacks, activities and all materials are included.

### ***A Day on Ms. Wendy's Farm***

July 21-22                      Cost: \$45                      9:00 – 12:00 noon                      Ages: 8-12                      Class Size: 15 max

Description: Camp meets at Allee' Bubba Farms at 3600 Wendy Lane, Concord 28025 located off Roberta Road. Explore fun antics on the farm with horse husbandry, beekeeping, organic vegetable farming, vermiculture, and poultry science. Please dress with long pants and closed toed shoes. Snacks, activities and all materials are included.

### ***Foraging for Local Food***

Aug 15-16                      Cost: \$30                      9:00 – 12:00 a.m.                      Ages: 8-14                      Class Size: 12 max

Description: Visit farms and farmer's markets to explore local food options. We will cover some wild edibles and explore recipes for the food we find.

Youth will need to bring lunch. Snacks, equipment and activities are included.

### ***Exploring Electricity***

August 18                      Cost: \$20                      9:00 am – 3:00 pm                      Ages: 12+                      Class Size: 12 Max

Description: Learn the basics of Electrical design. Learn soldering and circuitry skills to make your own working electrical units. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

### ***Junior STEM Day***

August 23                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 9-13                      Class Size: 25 Max

Description: Explore science based hands on activities and demonstrations. Class features Ms. T.K. the Chemist and 4-H science activities. Each STEM day focuses on a different topic. Youth will need to bring lunch. Snacks, equipment and activities are included.

# Teens

## ***Intro to Robotics***

June 20                      Cost: \$10                      8:30 am – 4:00 pm                      Ages: 10 +                      Class Size: 12 max

Description: Travel with us to Rowan County Extension Office to explore Lego Mindstorm Robotics. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

## ***Advanced Robotics***

June 21                      Cost: \$10                      8:30 am – 4:00 pm                      Ages: 10+                      Class Size: 12 max

Youth must have participated in an entry level Robotics class in the past. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

## ***Community Unity***

July 25-26                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 13+                      Class Size: 12 max

Description: Work with other teens on community service, leadership and team building. Travel offsite for lake swim, ropes course and community service. Please dress appropriately. Youth will need to bring lunch. Snacks travel and activities are included.

## ***Senior Art Camp***

July 19-21                      Cost: \$45                      1:00 – 4:00 p.m                      Ages: 14-18

Description: **Meet at the Sundae Art Gallery** in downtown Concord to explore art in different media, discover local artists in the historical area above the Cabarrus Creamery. Class is led by licensed art teacher, Andrea Sowle. All materials included.

## ***Archery Camp***

July 22                      Cost: \$20                      9:00 am – 3:00 pm                      Ages: 10+                      Class Size: 12 max

Description: Join us as we learn all about archery and related sports. Make your own arrow heads and an ancient spear throwing device called an Atlatl. We will then spend the afternoon at Boss Archery learning the real thing! Youth will need to bring lunch. Snacks, travel and activities are included.

## ***Time to Climb***

July 28                      Cost: \$30                      8:00 – 5:00 p.m.                      Ages: 14+                      Class Size: 12 max

Description: Travel to and from Pilot Mountain including four hours of on-site rock climbing. Explore local flora and fauna and enjoy a good day time hike. Youth will need to bring lunch. Snacks, travel, equipment and activities are included.

## ***Exploring Electricity***

August 18                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: 12+                      Class Size: 20 max

Description: Learn the basics of Electrical design. Learn soldering and circuitry skills to make your own working electrical units. Youth will need to bring lunch. Snacks, materials and activities are included.

## ***College Prep 101***

August 22                      Cost: \$30                      9:00 am – 3:00 pm                      Ages: High School students

Description: The morning will be spent learning basics of living on your own including budgeting, laundry, and easy, healthy food prep. In the afternoon, explore options for your college experience.

Lunch, snacks, and all activities included.                      Class Size Maximum: 25

## ***Important Information***

All classes meet at the Cabarrus Extension Office unless otherwise stated

All classes require pre registration and payment. All registered youth must have completed 4-H Enrollment Form and Medical Release & Liability Waiver in order to participate. Forms can be found at <http://cabarrus.ces.ncsu.edu>

Registration can be done in person, over the phone or online at  
<http://go.ncsu.edu/registercabarrus>



Cabarrus County Center  
4-H Youth Development  
715 Cabarrus Avenue - West  
Concord NC 28027  
704-920-3310  
Fax: 704-920-3323

# Cabarrus County 4-H



We work hard to make our 4-H activities open to all of our youth in the community. If accommodations are needed, please ask!

Many of our camps will provide opportunities for our youth to create items that could be wonderfully displayed at the Cabarrus County Fair. Please consider helping your youth to enter these items.

## VOLUNTEERS WANTED

For more information about any of our camps or to volunteer to teach or lead an activity, please contact:

***Tracy LeCompte***

Extension Agent, 4-H Youth Development

704-920-3318

[tracy\\_LeCompte@ncsu.edu](mailto:tracy_LeCompte@ncsu.edu)