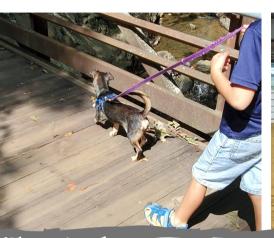
## **GROWING UP GREEN**

Cabarrus County 4-H Newsletter





In the News



#### National 4-H Week

# This year, we would like to spread the word about 4-H for National 4-H week. Help us spread the word about the Paper Clover Campaign and join in the fun of the Bale Decorating Contest. Here are some other great ideas!

#### Paper Clover Campaign

While Paper Clover is still happening, we are not asking 4-H'ers to be in store. Instead, we would love to share your project pictures. We would love to make some life size cutouts of our 4-H'ers doing 4-H things. Got a picture? Send it to tracy\_lecompte@ncsu.edu

#### **Hay/Straw Bale Contest**

Join us in celebrating National 4-H Week by decorating a hay or straw bale in your best 4-H theme. Limited bales are available for decoration at the Cabarrus Cooperative Extension Office to be decorated on site. Decorations can take place on your property, at the office or other partner public area. Do you know a place where you could display a decorated bale? Just ask. See agent for details.

#### How are you coming on your 4-H project?

Join us for our new Project Record club meeting. This could be a stand alone club or you can add it to others you may already be part of. This club will focus on supporting 4-H'ers to complete their project record books. Join us 9/15 at 6 p.m. via zoom. Email Tracy\_lecompte@ncsu.edu for login details. Occurs on the 3rd Tuesday of each month.

The Scott family, Creative Minds Homeschool Club, gets their 4th H on by walking their foster dogs. Abby Ragan of Kickin Tails, shows Nagi at a Horse Show, earning top honors. Erica Carl, Youth Commissioner, shares her experience of registering to vote with Channel 22 TV.

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**FALL/WINTER CLASSES** 

FAIR BOOTH WRAP UP

**LEADERSHIP SERIES** 

PAPER CLOVER CAMPAIGN



### Fall Experiences for your Family

So many things to look forward to this fall. Many of our clubs have started meeting virtually and hopefully, you are all continuing to work on your 4-H project in a one-on-one manner in a safe environment. We look forward to seeing you real soon!

#### **Hay Bale Decoration Contest**

An NC State Fair Tradition continues, just a bit different. NC 4-H is hosting a decorating competition and we are going to join in on the fun. Families can select to decorate bales at their home or at our office. Limited availability at the office. Local county competition will be for National 4-H Week.

Please sign up at <a href="https://forms.gle/ZtFkPiszW2JpavWB8">https://forms.gle/ZtFkPiszW2JpavWB8</a>

#### **NC Craft Fair**

We are excited to announce the North Carolina 4-H Virtual Craft Fair. Each year our 4-H'ers have the opportunity to showcase the crafts they have made all year at their local fairs and or the NC State Fair. Since many of the fairs are canceled as well as the NC State Fair due to the pandemic, we are excited to offer this opportunity to our 4-H'ers. There are eight fun categories. Check our website for more information or contact Tracy.

#### **Nature Adventures**

The NC 4-H Camping staff has been coming up with some great material! Check out the Nature Adventures series offering this fall. Stay tuned for other fun activities as well. This is a great addition for some hands on family experiences! They are available for live interaction or as a recording.

https://sites.google.com/ncsu.edu/nc4-hcampsnatureadventures/home

#### **Get Outdoors!**

Sign up for this fun SPIN club that meets every Monday this Fall. Led by fellow 4-H agent, Catherine Shelley, this is a great opportunity to challenge your family to get outdoors and explore. Club meets Mondays from 4-5 p.m., but families are encouraged with weekly challenges and experiences. Register in 4-H Online.

### THOUGHTS FROM YOUR 4-H AGENT

Now is a great time to reflect on your summer. Make some goals for next year and write them down in your project record. It will be here before you know it!

## Fun Group Experiences

So many things to do in 4-H. Join others from across the district and state in these made for your age group experiences.

#### **ASPIRE**

ACT testing is no ones favorite thing. Join us to learn the tips and tricks for best test taking strategies. Especially for those planning to take the Spring ACT. Includes 30 hours of instruction and 4 full length practice tests. Offered in a variety of time frames to meet most schedules.

https://nc4h.ces.ncsu.edu/2020/09/aspire-virtual-act-prep/

#### **Teen Book Club**

How about some personal development? Wonder why some teens seem to have it all together? Join us to explore the "7 Habits of Highly Effective Teens". Books are available for check out. Tuesdays 4 p.m. 10/27-12/22 Register in 4-H online

#### **Mars Base Camp**

Each year 4-H'ers all over the world take place in the STEM challenge during National 4-H week. This year's theme is Mars Base Camp. Kits are available for purchase for families. We will also have some available to borrow from our office. Contact beverly bollenbecker@ncsu.edu for more information.

#### **4-H Grow Box**

NC 4-H is proud to announce a bi-monthly grow box for families who wish to garden. While the Sept/Oct box is sold out, keep at eye out for the next one! https://growforit.ces.ncsu.edu/growforit-programs/growbox/

## Adult Volunteer Opportunities

## Foundation Committees

Seeking adults to help with the fundraising committee to help start a 4-H Youth Market. See Tracy for more details.

## Volunteer Workshops

We have some exciting 4-H volunteer trainings coming up in the next few weeks. Learn more here: https://nc4h.ces.ncsu.edu/2020/0 9/upcoming-4-h-volunteer-training/

## District & State Awards

Each year, volunteers from across the state are recognized for their outstanding leadership. Do you know a volunteer who you want to make feel extra special? Contact tracy\_lecompte to work on a application together!

See more info on our website

https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/

### **Mark Your Calendars!**

September 18 - First Nature Adventure class!

September 21 - First Get Outdoors Club meeting

September 22 - 4-H Project Record Judging

September 24-26 - Volunteer Conference VCOSS

October 7-18 Paper Clover Campaign at TSC

October 5-9 National 4-H Week

October 5 - Hay Bales Decorated

October 15 VLA Workshop "4-H Opportunities"

October 19-29 Poncho Sew A Long Class

November 3 - County Council Meeting - Elections

### Seeking Teen Leaders

Is it time for you to be a County Council Officer? Youth ages 13+ are eligible to apply. We are currently accepting applications for President, VP, Secretary/Treasurer and Reporter. Elections will take place at our November Count Council Meeting.

Check out our current classes and upcoming calendar events on our website.

NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, ge netic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

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