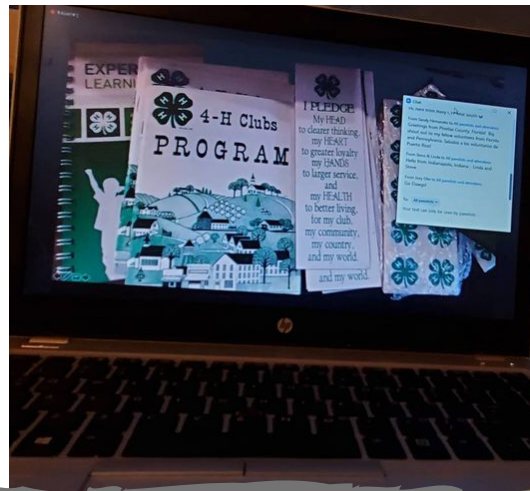


# GROWING UP GREEN

Cabarrus County 4-H Newsletter



Pictured Above: Left - Volunteer Leader's Conference of the Southern States kicks off virtually. The Scott Family shows off their National 4-H Week yard sign. Rachel Wilson performs as part of National 4-H Week.

## In the News

Veteran's Day is fast approaching. This is a great opportunity to put something special in your project record book towards the end of the year. Items listed in the Civic Engagement part show the judges that you are a well-rounded 4-H'er that cares about their community. Please think of how you can honor our Veteran's. Maybe send a card to a Veteran you know, have dinner with them, schedule time to visit a nursing home or the VA Hospital in Salisbury; these are all great ways to show you care.

This year's election for County Council will be a little different. If you are ages 13-18 and have some ideas on how our 4-H program could meet the needs of our club members, we would love for you to apply to be an officer or co-officer. Please send your applications to Tracy by election day, November 3. We will hold elections through a google form through the end of November. Check out our Facebook Page for officer nomination and keep an eye out to participate in elections.

Paper Clover Campaign will continue until Saturday, October 17th. Please consider stopping by and purchasing a Paper Clover at a Tractor Supply Store, either Midland or Concord. Thanks to all that did!

## Re-opening Guidelines

Yes, we are working to get to some events back to face-to-face. We will start with some limited county events as we work to perfect the safety standards and know the best practice logistics. Volunteers will need to watch the training video, attend a training session and attend one county event in order to host a club re-opening meeting. These details will be forthcoming directly to club volunteer leaders. If you are interested in hosting a 4-H club meeting in person, please contact Tracy directly.

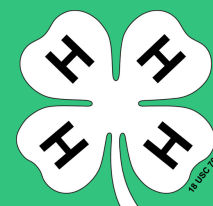
### IN THIS ISSUE

### UPCOMING EVENTS

### 2020 SUMMER CAMP

### AT HOME KITS

### VOLUNTEER LEADERS



## Upcoming Events

We are working to transition to some in person activities while keeping some fully virtual and adding virtual options. The Cabarrus County center for Cooperative Extension **will be opening to the public on October 19.**

### Virtual Classes

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There are so many options for all age youth! Check out our local, district and state offerings. All are available for sign up through [nc.4honline.com](http://nc.4honline.com) or Event Brite.

#### ASPIRE ACT Prep

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High School youth can take part in this 30 hour ACT prep course. We will cover all of the sections over our sessions and complete 4 practice tests. Check out Facebook for registration.

#### Sewing Classes

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Join us for an easy sew-along opportunity. May be able to be entered in the Make It With Wool. Register in [nc.4honline.com](http://nc.4honline.com) by October 19 for the Poncho class. Sewing machines available if needed. Multiple classes offered at a variety of skill levels.

#### Cloverbud Club

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Cloverbuds ages 5-7 are encouraged to join our club designed specifically for them! Meeting on the 1st and 3rd Thursdays at 6 p.m. each month. We are starting out via Zoom and hoping to go in person eventually, keeping a virtual option too. Join us for a short business meeting and fun hands-on activity.

### 4-H Grow Box

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NC 4-H is offering a grow-your-own activity box with live plants, fun activities and ways to connect to your project. Sign up for the next one, they go super quickly! Registration on Facebook.

#### NC Craft Fair

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Join in the fun with this state-wide craft fair. Make your entries at home and share your photos to compete. Contact [Tracy\\_lecompte@ncsu.edu](mailto:Tracy_lecompte@ncsu.edu) for more details. Also available on Facebook.

#### Teen Leaders Club

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Teens come and participate in leadership activities, share experiences with each other and keep up to date with upcoming events. 1st Tuesday monthly at 5 p.m. Contact [Tracy\\_lecompte@ncsu.edu](mailto:Tracy_lecompte@ncsu.edu) for Zoom link.

#### Project Record Club

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It's the home stretch for this year's project record books - join us as we finish up. This club meets monthly to add, modify and answer question about project record books. Join us virtually on the 3rd Tuesday each month at 6 p.m. This month we will focus on Community Service, Leadership, Civic Engagement. Email Tracy for invite.

## THOUGHTS FROM YOUR 4-H AGENT

As the Autumn leaves fall and we celebrate all the things to be thankful for, keep in mind your elderly neighbors. Offer to rake the leaves, cut the grass or decorate for the holidays to make your neighborhood just a bit more neighborly.

*Tracy*

OCTOBER 2020

## Volunteer Leaders

### North Carolina State Volunteer Leaders Association Conference

Save the date for 2/5-2/6 for the conference at the Hilton Durham by Duke University. Many registration options. Great workshops, networking opportunities and a good getaway. Scholarships for registration available.

*Nominate your best!*

Want to make a special surprise for your favorite volunteer leader! Work with Tracy to nominate them for a state volunteer award.

### Upcoming Local Workshops

#### South Central District 4-H Volunteer Leader's Virtual Fall Day

Saturday, November 7, 2020 9:00am to 2:00pm

Contact [krzika@gmail.com](mailto:krzika@gmail.com) for zoom link.

This one day leadership conference is the perfect way to get started with your volunteer involvement. Meet volunteers from our 19 county district and build your network for ideas, problem solving and best practice sharing for your club and activities.

#### Did you know?

**November is Homeless Youth Awareness Month and contains National Hunger Awareness week. In 2019-2020, over 540 youth identified as homeless in our school systems. They are our friends, neighbors and family members. I challenge you to find a program in your school, community or neighborhood that is working to lift up our neighbors and give them an hour of your time in the next month. We all have many reasons for which to be thankful.**

## SUMMER CAMP

Now might be the best time to start planning for summer camps! Does your youth want to go to camp? Why not gift them camp for an upcoming celebration - Birthday, Christmas, etc? Summer Camps come in all sizes - from Cloverbuds to Shooting Sports - there is something for everyone! Cabarrus County will be camping at Betsy Jeff Penn July 4-9 and at Millstone June 20-24, Reserve your spot with a \$100 deposit today!

## MARS BASE CAMP STEM PROJECT

The 2020 4-H STEM Challenge revolves around Mars Base Camp. Developed by Google and Virginia Cooperative Extension, It includes activities that teaches kids ages 8-14 STEM skills. To check out a kit for 2 weeks, please contact [beverly\\_bollenbecker@ncsu.edu](mailto:beverly_bollenbecker@ncsu.edu). Kits are also available for purchase through [shop4-h.org](http://shop4-h.org).

## COUNTY COUNCIL OFFICERS

I encourage all teens to run for County Council office. You will be great at it! You will work as part of a team; you get to choose your role and when you want to speak up. Great for adding some leadership to your project record! Apply today.

## INTERNATIONAL EXCHANGE

There are outbound and inbound opportunities for youth to travel and host families in 2021.

Applications are due soon, so check out the great places involved. <https://nc4h.ces.ncsu.edu/youth-3/nc-4-h-international-exchange-program/>

**See more info on our website**

**<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>**

OCTOBER 2020

# Mark Your Calendars!

November - 4-H "Move"mber - Register today!

October 19 - 29 - Poncho Sew-Along

October 20 - Project Club Meeting - 6 p.m.

October 22 - County Club meeting - training for volunteers to learn about re-opening guidelines.

Oct 27 - Dec 22 - 7 Habits for Effective Teens Book Club

Nov 3 - Teen Leadership Club

Nov 5 - Cloverbud Club Meeting 6 p.m.

Nov 7- SC VLA Fall Day

## 4-H "Move"mber

Get outside for at least 60 minutes for at least 4 weeks in November to earn your 4-H neck gaiter through the NC 4-H "Move"mber Challenge. Register online at EventBrite and record your movement. Check out Facebook or email

tracy\_lecompte@ncsu.edu for more information.

More info for upcoming camps, classes and events at:  
<https://go.ncsu.edu/cabarrus4hevents>

NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

## CABARRUS COUNTY 4-H

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