GROWING UP GREEN Cabarrus County 4-H Newsletter



Finally - The Results are In!

District level project record winners were recently named. Project Record Books from 2019 are available for pick up at the office. Awards will be distributed at Achievement Night in 2021. Join me in congratulating the following 4-H members:

Gold Award - includes a \$50 check awarded at Achievement Night Ana McAuley Animal Science 11-12 Maddie Lower Cit & Civic Education - 11-12 Silver Award Ciela Crane Cit & Civic Education - 16-18, Kimberly Lisk Communication Arts - 11-12, Christopher Lisk Pers. Dvlpmt & Leadership - 08-10, Tess Sullivan Pers. Dvlpmt & Leadership - 13-15 Bronze Award Gracie Lowe Animal Science - 08-10, Claire Fischer Animal Science - 11-12, Abby Pagan Animal Science - 12 15, John Novos Cit & Civic Education - 12

Abby Ragan Animal Science - 13-15, John Noyes Cit. & Civic Education - 13-15, Ireland Lowder Healthy Lifestyles - 11-12,

Tegan Martin Pers. Dvlpmt & Leadership- 08-10, Kimberly Lisk Pers. Dvlpmt & Leadership- 11-12, Ciela Crane Pers. Dvlpmt & Leadership - 16-18, Cabarrus Christopher Lisk Science & Tech - 08-10

Congratulations also to Lillie Sisk (8-10 Animal Science), Abigail Furr (16-18 Animal Science), Emily Mohr (13-15 Animal Science), Ireland Lowder (11-12 Communication Arts), Nathaniel Brown (11-12 Healthy Lifestyles), Nekoda Loughlin (11-12 STEM) and Matthew Pennell (13-15 STEM) for being selected to compete at the district level.

New County Officers Named

CONGRATULATIONS to our newest county council officers. The 2021 officers are: Kayla Anderson, President, Kimberly Lisk, VP, Natalie Spears, Secretary/Treasurer, and Ireland Lowder, Reporter. Thank you to Sue Hogle, Kenethia Banks, Amber Hyatt-Lisk and Jenn Scott for stepping into Adult Volunteer Leadership Positions! 4-H'ers are hard at work adding to their 4-H projects. From painting volcanoes, creating take home kits, designing holiday cards and exploring electricity, our club members are keeping busy!

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Project Records

And it's crunch time - Project Record Books are due Jan 5 at our County Council meeting. Here are some tips to keep in mind as you complete the forms.

My 4-H Story

This is where you get to share all about your 4-H career. What got you started? What are your interests? How have they changed? If this is your first year in 4-H or your first time doing a record, just tell about yourself. If you have done this before, take last year's story and add to it., tweak it, improve it along the way. That's why doing a Project Record is so important! High School Juniors & Seniors - you can treat this as a college or scholarship essay. Just tell your story. If you are doing more than one project record (on different topics) this can be the same for all of them, so make sure to touch on all project topics!

Section 3 - The Meat and Potatoes

This is the main part of your project record (Read - it is worth the most points in scoring). It should showcase all that you did pertaining to this specific project topic. If you are doing more than project topic, then these should be different for each, but you may have some overlap. Follow the format suggested in the form. You are welcome to type it on a separate sheet of paper or just edit the document on the computer. Pay attention to formatting! Don't forget to label everything as directed (read the directions!).

Community Service, Leadership and Citizenship 30%

Youth 4-H Age 12 and under, this all falls under one category. Make a nice table and fill in with the appropriate information. Make sure to read and follow all directions ! If you have questions about what goes where, just ask your fellow 4-H'ers, your 4-H Club Leader or your 4-H Agent.

Supporting Documents - The Fun stuff 10%

Showcase your pictures, ribbons, project items and all of the "Proof" that you actually did the project. Don't get too caught up in making it scrapbook quality (it's only worth 10% of your score), but spend some time adding captions, borders for your pictures and embellishments to make it look nice.

Money, Money, Money

Project Record Books are the best at practicing organization and record keeping - you will get better every year you do one! Plus - there is a HUGE incentive - Money! You can earn up to \$20 (\$10 per record) just for turning one in. Those that go on to earn gold at the district level can earn \$50. Plus you get all of the cool honors of being recognized at Achievement Night!

The Other Stuff

Awards 2% Goals 8%, Overall 5%

Achievement Plans

Not sure a project record is right for you? Getting a late start and want to start somewhere easier? Got your project record done and want something more? Check out the NC Achievement Plans. Contact Tracy or your 4-H leader for more details.

THOUGHTS FROM YOUR 4-H AGENT

Use your time wisely. Jan 5 will be here before you know it. Work a little bit each day on your project record along the way to make life a bit easier. Balance family and fun time with a little bit of work and you won't feel the pressure after Jan 1.

10% of score

35%



What is a Project?

4-H Projects

A 4-H Project is a collection of experiences that give focus to your 4-H Year. When youth say, "I'm doing a 4-H Horse Project" it means they are doing all they can to learn about horses that calendar year.

Project Record Book

A Project Record Book is where you document your growth in your learning on whatever topic you chose for your project. There is a specific format provided by NC 4-H to follow.

Why do a 4-H Project (and Record)?

A 4-H Project helps youth to stay focused. 4-H offers tons of opportunities to learn and it's a pretty big world out there. Selecting a projects helps parents, leaders, and your 4-H agent to share events that you are specifically interested in. Select that project on your 4-H Online profile and you will get specific information about upcoming events tailored just to you.

Completing a project record book helps build life skills of communication, record-keeping, data analysis, reflection, time management, responsibility and goal-setting. Then, there is also the money. The Cabarrus 4-H Foundation offers \$10 for each project record (up to 2) you complete. Contests are also held to recognize county and district winners. These winners win ribbons, certificates, pins and even money!

Club Updates

Please send club updates to Tracy_lecompte@ncsu.edu



SUMMER INTERN

Now accepting applications for our 4-H Summer Intern. Must be at least 18 years old. Position may include a stipend. Responsibilities include social media marketing, registration paperwork, reminder calls, supervision of Summer Leaders during some classes. Tentatively - Four office hours weekly plus 4 or more day camp responsibilities.

NC 4-H HONOR CLUB

Each year, 0.5% of the state 4-H club members are eligible to join the honorable ranks of NC 4-H Honor Club. Check https://nc4h.ces.ncsu.edu/youth-3/4-hteen-programs/nc-4-h-honor-club/ to see if you qualify. Applications are due Feb 1.

ACHIEVEMENT NIGHT TECH TEAM

We are seeking youth and adults to help us pull off the best Achievement Night ever! If you have experience or want to learn how to make movies, set up recordings, being zoom room hosts, behind the scenes coordinators and so much more. If you are willing, we can use your help! Let Tracy know.

SCHOLARSHIPS & AWARDS

The Cabarrus County 4-H Foundation is proud to offer a variety of awards for clubs and individuals. Applications and entries are due January 5th at the County Council meeting. Please check out the website at https://sites.google.com/ncsu.edu/ cabarrus4-hfoundation/home

See more info on our website https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/

Mark Your Calendars!

December 15 - Project Record Club Meeting 6 p.m. December 17 - Festival of Lights at Barber Scotia College 4-8 December 30 - Vision Board Class 1-3 p.m. register in 4Honline January 2 - ASPIRE ACT Prep Course starts January 5 - County Council/VLA Meeting All Projects & Forms Due January 14 - Cabarrus 4-H Foundation Meeting February 12 - County Achievement Night

Teens

We are excited to offer a full ACT prep course including 4 full length tests. Classes are offered Tues & Thursday 4-5:30 starting January 5th. Find out more at https://nc4h.ces.ncsu.edu/2020/ 09/aspire-virtual-act-prep/

Register for upcoming camps, classes and events at: http/:go.ncsu.edu/registercabarrus

NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, ge netic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

CABARRUS COUNTY 4-H

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