

GROWING UP GREEN

Cabarrus County 4-H Newsletter



That's A Wrap 2022

This year has quickly come to an end and we are so proud of the accomplishments of all our 4-H youth and volunteers. The year 2022 has been a year of rebuilding and new leadership. Thank you for sticking with us. One of the biggest highlights of the year was being able to do more things in person and having less restrictions. We are planning for 2023 to be a big year and we hope to continue to build the Cabarrus County 4-H program. We look forward to an exciting 2023.

2022 Cabarrus County 4-H Highlights

- Hosted over 35 summer fling classes
- We had 6 Junior Leaders and 5 Cloverbuddy Leaders help with Summer Fling
- Over 320 4-H youth were enrolled in Cabarrus County 4-H
- We have 10 Active 4-H Clubs
- 34 Youth Participated in a State/District Educational Competition
- Six Cabarrus County Youth attend State Congress
- 12 youth qualified to present at State Presentations
- 7 youth are actively participating in Youth Market the second Saturday of each month.

Left to Right: Rori was one of many 4-H'ers who competed at the horse Winter Classic with the Kickin Tails 4-H Club. Creative Minds Homeschool club had a Holiday meeting where they made shirts together. Kai made a warm fuzzy at the Friendsgiving to donate to the local hospital. Three Cabarrus youth were able to attend this event. Livestock and Field Crop Agent, Mackenzie had Cabarrus County youth participate in the Cattle Working competition. These youth will advance to the state competition.

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2022 WRAPUP

PROJECT RECORD
CRUNCH TIME

ACHIEVEMENT NIGHT

MEMBER & CLUB
AWARDS

SCHOLARSHIPS

Interested in sitting on the planning committee? Contact Molly Kleman at molly_kleman@ncsu.edu

2022 4-H Achievement Night

SAVE THE DATE

Tuesday, February 28th
at 6:00PM

Ceremony will start at 6:30pm

Location: Cabarrus County Senior Center
331 Corban Ave SE, Concord, NC
Registration: January 2023



Project Records

And it's crunch time - Project Record Books are due January 5th at our County Council meeting. Here are some tips to keep in mind as you complete your projects. Scoring is outlined by age divisions, **red** is 8-10,11-12, and **green** is 13-15, 16-18.

Section 2 - My 4-H Story

10% 10% of score

This is where you get to share all about your 4-H career. What got you started? What are your interests? How have they changed? If this is your first year in 4-H or your first time doing a record, just tell about yourself. If you have done this before, take last year's story and add to it, tweak it, and improve it along the way. That's why doing a Project Record is so important! High School Juniors & Seniors, you can treat this as a college or scholarship essay. Just tell your story. If you are doing more than one project record (on different topics) this can be the same for all of them, so make sure to touch on all project topics!

Section 3 - 4-H Project Focus (Meat and Potatoes)

35% 25% of score

This is the main part of your project record (it is worth the most points in scoring). It should showcase all that you did pertaining to this specific project topic. If you are doing more than one project topic, then these should be different for each, but you may have some overlap. Follow the format suggested in the form. You are welcome to type it on a separate sheet of paper or just edit the document on the computer. Pay attention to formatting! Don't forget to label everything as directed (read the directions!).

4-H Leadership, Citizenship, & Community Service 30% 45% of score

Youth 4-H age 12 and under, this all falls under one category in your project record book. Senior divisions this is in three sections. Make a nice table and fill in with the appropriate information. Make sure to read and follow all directions! If you have questions about what goes where, just ask your fellow 4-H'ers, your 4-H Club Leader or your 4-H Agent.

Supporting Documents - (The Fun stuff)

10% 5% of score

Showcase your pictures, ribbons, project items and all of the "Proof" that you actually did the project. Don't get too caught up in making it scrapbook quality (it's only worth 10% of your score), but spend some time adding captions, borders for your pictures and embellishments to make it look nice.

Money, Money, Money

Project Record Books are the best at practicing organization and record keeping - you will get better every year you do one! Plus - there is a HUGE incentive - Money! You can earn up to \$20 (\$10 per record) just for turning one in. Those that go on to earn gold at the district level can earn \$50. Plus you get all of the cool honors of being recognized at Achievement Night!

The Other stuff

4-H Awards & Recognition 2% 5%,
Goals 8% 5%, Overall 5% 2%,
Awards & Recognition Non 4-H 3%

Achievement Plans

Not sure a project record is right for you? Getting a late start and want to start somewhere easier? Got your project record done and want something more? Check out the NC Achievement Plans. Contact Moll or your 4-H leader for more details.

THOUGHTS FROM YOUR 4-H AGENT

Use your time wisely. Jan 5th will be here before you know it. Work a little bit each day on your project record along the way to make life a bit easier. Balance family and fun time with a little bit of work and you won't feel the pressure after Jan 1.

Molly

What is a Project?

4-H Projects

A 4-H Project is a collection of experiences that give focus to your 4-H Year. When youth say, "I'm doing a 4-H Horse Project" it means they are doing all they can to learn about horses that calendar year.

Project Record Book

A Project Record Book is where you document your growth in your learning on whatever topic you chose for your project. There is a specific format provided by NC 4-H to follow.

Why do a 4-H Project (and Record)?

A 4-H Project helps youth to stay focused. 4-H offers tons of opportunities to learn and it's a pretty big world out there. Selecting a projects helps parents, leaders, and your 4-H agent to share events that you are specifically interested in. Select that project on your 4-H Online profile and you will get specific information about upcoming events tailored just to you.

Completing a project record book helps build life skills of communication, record-keeping, data analysis, reflection, time management, responsibility and goal-setting. Then, there is also the money. The Cabarrus 4-H Foundation offers \$10 for each project record (up to 2) you complete. Contests are also held to recognize county and district winners. These winners win ribbons, certificates, pins and even money!

NC 4-H HONOR CLUB

Each year, 0.5% of the state 4-H club members are eligible to join the honorable ranks of NC 4-H Honor Club. Check <https://nc4h.ces.ncsu.edu/youth-3/4-h-teen-programs/nc-4-h-honor-club/> to see if you qualify. Applications are due Feb 1.

ACHIEVEMENT COMMITTEE MEETING

We are seeking youth and adults to help us pull off the best Achievement Night ever! We have met once and our second meeting will be at 6:00pm on February 1st. Please join us if you want to be help plan Achievement Night!

SCHOLARSHIPS & AWARDS

The Cabarrus County 4-H Foundation is proud to offer a variety of awards for clubs and individuals. Applications and entries are due **January 5th** at the County Council meeting. Please check out the website at <https://sites.google.com/ncsu.edu/cabarrus4-hfoundation/home>

SAVE THE DATE!

2023 CLUB OFFICERS TRAINING

PIZZA PROVIDED!

FOR ALL 2023 CLUB OFFICERS OLD AND NEW

4-H CLUB MEETING

JANUARY 23RD AT 6:00PM
715 CABARRUS AVE W CONCORD, NC

4-H Volunteers

SAVE THE DATE
for
Ag & Environmental Career
School Days 2023

April 4-6 in the morning!
More details to come.
Email Molly if you want to Volunteer.

NC COOPERATIVE EXTENSION

NC 4-H NC STATE

See more info on our website

<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>

Mark Your Calendars!

- December 10 - Youth Market
- December 12 - Cabarrus County 2023 Planning Meeting
- December 13 - County Council Officer Training
- December 20 - Cabarrus County VLA Meeting
- January 5 - County Council/VLA Meeting
 - All Projects & Club Forms are Due
- January 11 - Club Leader Training
- January 14 - Teen Winter Enrichment - Union County
- January 23 - Club Officer Training
- February 1 - Achievement Night Committee Meeting
- February 28 - County Achievement Night

County Council 2023 Kick-Off Meeting

**THURSDAY,
JANUARY 5TH
715 CABARRUS AVE W
CONCORD, NC**

**6:00pm Installation Of
New Club Officers**

Business meeting to follow!



**WHAT'S DUE AT
THIS MEETING**

- PROJECT RECORD BOOKS
- PORTFOLIOS
- CLUB SCRAPBOOKS
- LOCAL AWARD APPLICATIONS
- CLUB RE-ENROLLMENT FORMS

Register for upcoming events at:
<http://go.ncsu.edu/registercabarrus>

NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

CABARRUS COUNTY 4-H

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<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>



**Wishing you all a
safe and happy
Holiday season!**



**We will see you in
2023!**