

GROWING UP GREEN

Cabarrus County 4-H Newsletter



In the News

Congress 2023

This year, we had 6 delegates attend Congress. For many of them, this was their 2nd time attending Congress and for 2 of them this was their first experience. The youth had so much fun at Congress! During Congress youth participated in State Officer elections, hands to service project, explored Raleigh, and attended several sessions. We hope to have more youth join us next year!

County Fair Update

This year we will be doing an interactive Cooperative Extension Booth. We need your help to make our vision come to life! This year the Cabarrus County Fair will be September 8-16th. Please consider volunteering.

Educational Booth: Your club could create an educational booth at the fair! Pick a topic and showcase your creativity! These are great team-building projects and are wonderful for showcasing something that your club has been working on. This can count as Community Service (promotion of the 4-H program) and include in your 4-H project or 4-H Ambassador Portfolio. Participating clubs will earn premiums that will be housed in the Cabarrus 4-H Foundation. **The deadline to Molly is: August 21st at noon!**

Volunteers Needed: We are looking for volunteers to help with the Extension Fair booth this year. During the week the volunteer hours are 3:30 pm-6:00 pm and 6:00 pm-9 pm at the fair. Saturday and Sunday 1 pm-5 pm and 5 pm-10 pm time slots. Interest Areas: Welcome/Chickens, Compost, Garden, Farmer's Market, and Kitchen. Reach out to Molly if you are interested!

Left to Right: Acts of Kindness Camp at Lifeline packing 560 meals for youths in Cabarrus County; Congress Delegates with Mckenzie who dances in the 4-H Talent Show, and Elijah at BJP we had 16 youth attend camp this year from Cabarrus County!

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CONGRESS RECAP

COUNTY FAIR UPDATE!

SUMMER UPDATE

MIDYEAR PROJECT CHECKS



Summer Update

Congratulations are in Order!

Congratulations to all of those who participated in presentations and speech at State! We hope to hear the results by the end of the month! Keep an eye out on Facebook and in the August Newsletter.

Congratulations to all of those who represented Cabarrus County at the State 4-H Horse Show! We are so proud of your hard work, persistence and grit! It hasn't been easy getting this far, but you made it! Way to go!

Congratulations to all our Project Record Book winners and Portfolio winners! We are proud of the work you have done! Molly has your record book and can be picked up at the Extension Office at 715-Cabarrus Ave W Concord, NC 28027.

Electric Congress

It's Electric! Congrats to **Nekoda Loughlin and Nadia Loughlin** for earning this FREE opportunity to attend Electric Congress this year. You can earn this trip by submitting a project record book! Its never to late to start! For more information about our Electric program, reach out to Molly!

Photo Contest

Dr. Kim Ingold NC 4-H Photography Contest - This statewide annual contest highlights North Carolina 4-H'ers' photographic achievements and is open to 4-H'ers 8-18 years old. All entries must be submitted online by your 4-H Professional (Agent/PA) **NO LATER THAN August 16th, 2023**. For More Information: <https://nc4h.ces.ncsu.edu/youth-3/north-carolina-4-h-photo-contest/>

This year even adults can submit!!

Summer Day Camps

We are having lots of fun this summer with day camps ranging from Farm to Table to Make it and take it camp! We are down to our last camp of the summer! We can't wait to see how our robotic camp wraps up the summer! If you have ideas for camps next year reach out to Molly.

THOUGHTS FROM YOUR 4-H AGENT

Start collecting your items for your fair entries. Anything you completed from September 2022 until now is acceptable for entry into the fair. Entry forms are due Aug 23 at 12 noon to the Fair Office! Submit, Submit, Submit! *Molly*

Project Mid Year Check-Up

Project Accomplishment

If you haven't picked a topic for your project yet, no worries! You still have time. Think about all of the things you have done this year; is there a theme to them all? If so, use that as your project topic! When all else fails, Personal Development is a good catch-all topic.

Leadership

Have you taught a class, workshop, lesson or other activity? If you haven't, talk with your parents and 4-H club leader to work it into next month's club meeting. You can lead the Pledges, teach others how to make an easy snack or even share something that you have learned while exploring your project topic!

Civic Engagement

This is usually the hardest spot to fill in your project record, but now is the time to be thinking about it.

What can you do for our Veterans or those in military service? How can you encourage people to vote? Do you know about Flag Etiquette? Can you teach others? We currently have former 4-H'ers serving and going through boot camp. Club leaders or your 4-H Agent will have more details!

Community Service

This is the fun one. There are so many parts to our community that could use your help. I challenge you to find one that aligns with your project topic!



Outstanding job to all those who helped with the Congress Flag! Cabarrus County was recognized for "best use of the Congress theme"!!!



CLOVERBUD CLUB

We will start meeting again on August 24th from 6-7 p.m. This club will be specially designed for ages 5-8 year old's. The club is planned to meet on the 2nd and 4th Thursdays of each month. If you wish to volunteer with this club please reach out to Molly. This group is led by a Junior Leader. Interested members may add this club to their 4-H Online profile.

FAIR

Volunteers Needed! Molly will be sending an email early August for volunteer sign ups! Email Molly if you are interested.

Fair Entry forms are due **August 23rd** at **noon** to the Fair Office.

If your club wants to do an educational booth, please let Molly know your title by August 21st!



Volunteers Needed! Contact Molly to Volunteer!

16TH ANNUAL
CABARRUS AG CELEBRATION



VOLUNTEERS NEEDED

8/21 1-3 p.m. - Help prep vegetables (At Coop. Ext)
8/22 2-7 p.m. - Cook (at Brushharbor)
8/22 5-7 p.m. - Registration Table (at Brushharbor)
8/22 6-7 p.m. - Food Server (at Brushharbor)
8/22 6:30 - 7:30p.m. - Ice Cream Server (at Brushharbor)



See more info on our website

<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>

Mark Your Calendars!

- Aug 12 - Youth Market
- Aug 12 - Central Region Shooting Sports Competition
- Aug 21 - Educational Booth Deadline - Submit to Molly
- Aug 22 - Ag Celebration
- Aug 23 - Fair Entry Forms Due
- Aug 25&26 - Youth Voice
- Sept 8-16 Cabarrus County Fair

Register for upcoming camps, classes and events at:

<http://go.ncsu.edu/registercabarrus>

Make a Plan!

October 1-7 is National 4-H Week. What can you do to celebrate? Share your ideas with your club and see what everyone else wants to do. Now is a great time to plan. How can you show your Clover Pride?

Got a great idea that might work for the whole county? Share it on our FB group!



join us as we discuss educational booths for the county fair

County council
Date: August 17
Time: 6pm
Location: extension office



NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

CABARRUS COUNTY 4-H

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Join Us August 22nd!

16TH ANNUAL
CABARRUS AG CELEBRATION

**TUESDAY, AUGUST 22
 6:30 PM**

THE FARM AT BRUSHARBOR
 7700 BRUSHARBOR ROAD - CONCORD



Contact Molly or Call 704-920-3310 to register for this event!