GROWING UP GREEN *Cabarrus County 4-H Newsletter*



In the News Veteran's Day

Veteran's Day is fast approaching. This is a great opportunity to put something special in your project record book towards the end of the year. Items listed in the Civic Engagement part show the judges that you are a well-rounded 4-H'er that cares about their community. Please think of how you can honor our Veteran's. Maybe send a card to a Veteran you know, have dinner with them, schedule time to visit a nursing home or the VA Hospital in Salisbury; these are all great ways to show you care.

2024 County Council Elections

This year's election for County Council officers will take place at our November County Council meeting. If you are ages 13-18 and have some ideas on how our 4-H program could meet the needs of our club members, we would love for you to apply to be a officer. Please submit your application by October 24th at 5pm. The link below will take you to the the Officer Application. November 7th we will hold elections, participate in a civic engagement activity. This will be perfect to add to your 2023 4-H Project Record Book.



Veterans Pantry Donations

Cabarrus County Blind Shots is currently collecting items for the local Veterans Pantry. Below is a list of items they are in need of. There is a donation box located in the lobby of the Extension office. Contact Club Leader with questions. Jenn Scott at jenn.e.scott@icloud.com

Canned Meats – Chicken, Tuna, Corned Beef, Vienna Sausages, Potted Meat, Chef Boyardee Canned Products, Spaghetti Sauce, Spaghetti, Pork N' Beans, Beans N' Weenies, Tomato Soup, Chicken Noodle Soup, Crackers – Saltines, nabs, graham, ritz, etc., Fruit – Peaches, Pears, Fruit Cocktail, Mandarin Oranges, Canned Potato's, Canned Carrots, Canned Pinto Beans, Canned Black Eyed Peas, Canned Veg-All, Peanut Butter, Grape Jelly, Strawberry Jelly Pictured Above: Left-Right- Evanna and Lily at the Hollow Oak Horse Show, Cabarrus County Dr. Kim Ingold Photography contest winners, and youth at the County Council meeting painting pumpkins!

UPCOMING EVENTS CIVIC ENGAGEMENT COMMUNITY SERVICE VOLUNTEER LEADERS

Opportunities for Youth

Our 4-H program continues to grow and we are continually seeking new learning opportunities for youth to learn and develop both personally and professionally.

Local Government

Local High School youth can join the Cabarrus County Youth Commission to take an active role in the community and learn more about what local government brings to their lives.

Apply at ttps://cabarruscounty.us/resources/youth-commission

Especially seeking members from J. M. Robinson, Homeschool and Mt. Pleasant High School J. M. Robinson, Homeschool and Mt. Pleasant High School

Teen Leadership

Teens interested in serving in local leadership positions can apply to serve as 2023 County Council Officers. Applications due October 24th at 5:00pm. Elections will be at the next County Council Meeting on Nov. 7th at 6 p.m.



Cloverbud Club

Youth ages 5-8 are welcome to join us on the 2nd and 4th Thursday of each month at the Cabarrus County Extension Center from 6-7 p.m. Youth participate in a short business meeting and a fun hands-on activity selected by members.

Adult Volunteer Needs

With growing comes new needs for adult volunteers. If you have time, passion and energy to give to the program, we would love to have you. See Molly if you are interested. Here are a few roles needed:

- 1. Blind Shots Club Co Leader
- 2. Entrepreneur Club Leader
- 3. Homestead in the City Co Leader
- 4. Creative Minds Homeschool Co Leader

National 4-H Week Reflection

With National 4-H week 2023 in the books, we have lots of people to thank and spotlight! Congratulations to our County winners for the 2023 Dr. Kim Ingold Photography contest. We had two winners from Cabarrus County, Catherine Clark, 1st Place Special Effects- Junior and Katie Kovar who received 3rd place in Special Effects- Junior. Way to go everyone who participated! Thank you to everyone who helped set up items at our Tractor Supply Company (TSC) stores. I firmly believe this will be our best Paper Clover Campaign ever! Please share our gratitude with the staff next time you visit a TSC store.

Submit Your Club Tweet next month to Molly!

Creative Minds Homeschool Club Update Meeting Date: 10/5/23 Topic: Painting with Therese Next Meeting: November 2nd at Concord Library Topic: Wood Carving with Alex! Report brought to you by Club Reporter Noah Simpson

CLUB TWEETS!



Kickin-Tails 4-H Club

This club recently had their club/farm horse show. Several youth participated in this event! Their next event will be the Scarecrow Scavenger Hunt on October 28th!

Congratulations to Avery Pigg on being the Rider of the year! Pictured to the left.

Volunteer Leaders

North Carolina State Volunteer Leaders Association Conference

Save the dates for 2/3-2/4 for the conference at the Hilton Durham by Duke University. Many registration options. Great workshops, networking opportunities and a good getaway. Scholarships for registration are available, please reach out to Molly for additional information.

Nominate your best!

Want to make a special surprise for your favorite volunteer leader! Work with Molly to nominate them for a state volunteer award.

Upcoming Local Workshops South Central District 4-H Volunteer Leader's Fall Day

Date: Saturday, November 4th Time: 9:00 a.m.- 3:00 p.m. Registration \$15 Location: NC at NC Cooperative Extension, Lee County 2420 Tramway Rd, Sanford, NC.

https://docs.google.com/forms/d/e/IFAIpQLScuqJr_wpUXlLaGAUE5HRU780wa65KkgYJWowLkVi9eIHHKQ/vi ewform

This one day leadership conference is the perfect way to get started with your volunteer involvement. Meet volunteers from our 19 county district and build your network for ideas, problem solving and best practice sharing for your club and activities.

HOLIDAY IDEAS!

Now might be the best time to start planning for summer camps! Does your youth want to go to camp or Congress? Why not gift them a 4-H experience for an upcoming celebration - Birthday, Christmas, etc? 4-H Experiences come in all sizes from Cloverbud Camp to Congress - there is something for everyone. Talk with Molly about reserving your spot with a \$100 deposit today!

POWER PROTECTORS STEM CHALLENGE

The 2023 4-H STEM Challenge is Power Protectors. Through decades of neglect and waste, Energy Island is in danger of becoming unplugged forever! Now it's in the hands of the next generation — The Power Protectors — to save it!

Kit is ideal for youth ages 8-14 years to spark an interest in STEM and inspire real-world actions. Each kit contains enough supplies for 6 youth and most supplies are reusable.

Power Protectors consists of three activities that are highly adaptable for afterschool programs, 4-H clubs, classrooms, home use and more. To check out a kit for 2 weeks, please contact molly_kleman@ncsu.edu. Kits are also available for purchase through shop4h.org.



COUNTY COUNCIL OFFICERS

Is it time for you to be a County Council Officer? Youth ages 13+ are eligible to apply. We are currently accepting applications for President, VP, Secretary, and Reporter. Elections will take place at our November County Council Meeting (November 7th). Youth will prepare a 2 minute speech on why they want to run for County Council for the meeting. Youth can also submit a one page flyer for the campaign process. Scan the code below for application. DEADLINE October 24th.



See more info on our website https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/

OCTOBER 2023

Mark Your Calendars!

Oct 12-22 - NC State Fair

Oct 17 - County Council Fall Fest

November 7 - County Council Meeting/Civic Engagement

Project/2024 Elections 6pm

November 11 - Youth Market

November 13 - Achievement Night Planning Committee

November 14 - Project Record Book Work Session

November 15 - Club Leader/Volunteer Training

November 16 - 4-H Foundation Board Meeting

November 4 - SC VLA Fall Day - Lee County

December 9 - Youth Holiday Market

December 20 - Cabarrus 4-H 2024 Planning Committee

More info for upcoming camps, classes and events at: https://go.ncsu.edu/cabarrus4hevents

4-H "Move" mber

Get outside for at least 60 minutes for at least 4 weeks in November. Add this to your Healthy Lifestyles 4-H project or make your own fun challenge between you and your fellow club members.



NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, ge netic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

CABARRUS COUNTY 4-H

Molly Kleman Extension Agent, 4-H Youth Development

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LOCATION: 715 CABARRUS AVE W CONCORD, NC 28027