

# GROWING UP GREEN

Cabarrus County 4-H Newsletter

## That's A Wrap 2023

This year has quickly come to an end and we are so proud of the accomplishments of all our 4-H youth and volunteers. 2023 has been a year of growing for Cabarrus County 4-H. Thank you for being a part of this journey. One of the biggest highlights of the year was the number of families participating in County Council, State and District Events. We are planning for 2024 to be a big year and we hope to continue to build the Cabarrus County 4-H Program. We look forward to an exciting 2024!

### 2023 Cabarrus County 4-H Highlights!

- Hosted over 27 Summer Fling classes
- We had 9 Junior Leaders and 8 Cloverbuddy Leaders help with Summer Fling
- Over 408 4-H youth were enrolled in Cabarrus County 4-H
- 77 4-H Volunteers
- We have 11 Active 4-H Clubs
- 6 Cabarrus County Youth attend State Congress
- Youth continue to participate in the Piedmont Farmers Market, Youth Market each month.
- 2,505 youth participate in Embryology

NC COOPERATIVE EXTENSION  
South Central District

## WINTER Enrichment

Join us for a day of workshops and FUN!  
Lunch will be on your own with your county.  
We will be going roller skating after workshops.

January 6, 2024  
9:30 am-3:30 pm

Ages: 13-18  
Cost: \$10 + lunch

*Come and Enjoy*

Milestone Building  
4855 Milestone Ave  
Kannapolis, NC 28081

Contact your 4-H Agent for more information!

NC Cooperative Extension is an equal opportunity provider.

Save The Date

## 2023 Achievement Night

Saturday, February 24th 5pm  
Frank Liske Park Barn

NC Cooperative Extension is an equal opportunity provider.

## 2024 CLUB LEADER TRAINING/ 4-H VOLUNTEER TRAINING

NC Cooperative Extension is an equal opportunity provider.

JANUARY 17TH AT 6:30 PM

715 CABARRUS AVE W CONCORD, NC

FOR ALL CLUB LEADERS AND VOLUNTEERS!

COUNTS FOR ONE OF YOUR TWO REQUIRED TRAININGS A YEAR!

## BETSY-JEFF PENN

Cost \$535  
Deposit \$50

Register Here!

Ages 8-14

SUNDAY, JULY 7TH-12TH

804 Cedar Lane, 4 H Rd,  
Reidsville, NC 27320

Scholarships Available

JOIN OTHER CABARRUS COUNTY YOUTH!

## Send a youth to camp!

Looking for donors to help send Cabarrus County youth to camp this summer! We will be attending Betsy Jeff Penn 4-H Camp in July! Camp cost \$535 for traditional campers and \$585 for Trekkers!

Please contact 4-H Agent, Molly Kleman for questions.

Scan to Donate!

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### IN THIS ISSUE

## 2023 WRAPUP

## PROJECT RECORD CRUNCH TIME

## ACHIEVEMENT NIGHT

## MEMBER & CLUB AWARDS

## SCHOLARSHIPS



# Project Records

And it's crunch time - Project Record Books are due **January 4th** at our County Council meeting. Here are some tips to keep in mind as you complete your projects. Scoring is outlined by age divisions, **red** is 8-10,11-12, and **green** is 13-15, 16-18.

## Section 2 - My 4-H Story

10% 10% of score

This is where you get to share all about your 4-H career. What got you started? What are your interests? How have they changed? If this is your first year in 4-H or your first time doing a record, just tell about yourself. If you have done this before, take last year's story and add to it, tweak it, and improve it along the way. That's why doing a Project Record is so important! High School Juniors & Seniors, you can treat this as a college or scholarship essay. Just tell your story. If you are doing more than one project record (on different topics) this can be the same for all of them, so make sure to touch on all project topics!

## Section 3 - 4-H Project Focus (Meat and Potatoes)

35% 25% of score

This is the main part of your project record (it is worth the most points in scoring). It should showcase all that you did pertaining to this specific project topic. If you are doing more than one project topic, then these should be different for each, but you may have some overlap. Follow the format suggested in the form. You are welcome to type it on a separate sheet of paper or just edit the document on the computer. Pay attention to formatting! Don't forget to label everything as directed (read the directions!).

## 4-H Leadership, Citizenship, & Community Service 30% 45% of score

Youth 4-H age 12 and under, this all falls under one category in your project record book. Senior divisions this is in three sections. Make a nice table and fill in with the appropriate information. Make sure to read and follow all directions! If you have questions about what goes where, just ask your fellow 4-H'ers, your 4-H Club Leader or your 4-H Agent.

## Supporting Documents - (The Fun stuff)

10% 5% of score

Showcase your pictures, ribbons, project items and all of the "Proof" that you actually did the project. Don't get too caught up in making it scrapbook quality (it's only worth 10% of your score), but spend some time adding captions, borders for your pictures and embellishments to make it look nice.

## \$\$\$Money, Money, Money\$\$\$

Project Record Books are the best at practicing organization and record keeping - you will get better every year you do one! Plus - there is a HUGE incentive - Money! You can earn up to \$20 (\$10 per record) just for turning one in. Those that go on to earn gold at the district level can earn \$50. Plus you get all of the cool honors of being recognized at Achievement Night!

## The Other stuff

4-H Awards & Recognition 2% 5%,  
Goals 8% 5%, Overall 5% 2%,  
Awards & Recognition Non 4-H 3%

## Achievement Plans

Not sure a project record is right for you? Getting a late start and want to start somewhere easier? Got your project record done and want something more? Check out the NC Achievement Plans. Contact Moll or your 4-H leader for more details.

## THOUGHTS FROM YOUR 4-H AGENT

Use your time wisely. Jan 5th will be here before you know it. Work a little bit each day on your project record along the way to make life a bit easier. Balance family and fun time with a little bit of work and you won't feel the pressure after Jan 1.

*Molly*

# What is a Project?

## 4-H Projects

A 4-H Project is a collection of experiences that give focus to your 4-H Year. When youth say, "I'm doing a 4-H Horse Project" it means they are doing all they can to learn about horses that calendar year.

## Project Record Book

A Project Record Book is where you document your growth in your learning on whatever topic you chose for your project. There is a specific format provided by NC 4-H to follow.

## Why do a 4-H Project (and Record)?

A 4-H Project helps youth to stay focused. 4-H offers tons of opportunities to learn and it's a pretty big world out there. Selecting a projects helps parents, leaders, and your 4-H Agent to share events that you are specifically interested in. Select that project on your 4-H Online profile and you will get specific information about upcoming events tailored just to you.

Completing a project record book helps build life skills of communication, record-keeping, data analysis, reflection, time management, responsibility and goal-setting. Then, there is also the money! The Cabarrus 4-H Foundation offers \$10 for each project record (up to 2) you complete. Contests are also held to recognize county and district winners. These winners receive ribbons, certificates, pins and even money!

# NC 4-H HONOR CLUB

Each year, 0.5% of the state 4-H club members are eligible to join the honorable ranks of NC 4-H Honor Club. Check <https://nc4h.ces.ncsu.edu/youth-3/4-h-teen-programs/nc-4-h-honor-club/> to see if you qualify. Applications are due Feb 1.

# ACHIEVEMENT COMMITTEE MEETING

This achievement night is working to make this one the best one yet! We need your help! Please send photo from this year to the email below! WE plan to make a slideshow for the awards ceremony! [cabarruscounty4H@gmail.com](mailto:cabarruscounty4H@gmail.com)

## 2023 Achievement Night Slideshow Photo Submission!

Email Photos to:

[cabarruscounty4H@gmail.com](mailto:cabarruscounty4H@gmail.com)

Deadline: February 1st



# SCHOLARSHIPS & AWARDS

The Cabarrus County 4-H Foundation is proud to offer a variety of awards for clubs and individuals. Applications and entries are due **January 4th** at the County Council meeting. Please check out the website at <https://sites.google.com/ncsu.edu/cabarrus4-hfoundation/home>

State Scholarships and Awards are due February 1st.

<https://nc4h.ces.ncsu.edu/youth-3/4-h-awards-incentives-programs-2/>

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**2024 CLUB OFFICERS TRAINING**

PIZZA PROVIDED!

4-H CLUB MEETING

FOR ALL 2024 CLUB OFFICERS OLD AND NEW

**SAVE THE DATE!**

JANUARY 29TH AT 6:00PM  
715 CABARRUS AVE W CONCORD, NC

See more info on our website

<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>



# Mark Your Calendars!

- January 4 - County Council: All Projects, Portfolios, County Awards, and Club Charter Forms are Due
- January 6 - Teen Winter Enrichment - Cabarrus County
- January 9 - Achievement Night Committee Meeting
- January 11 - Cloverbuddies
- January 16 - Piedmont Rabbit Project Registration Opens
- January 17 - Club Leader/4-H Volunteer Training
- January 25 - Cloverbuddies
- January 27 - Horsebowl - Union County
- January 29 - Club Officer Training
- February 6 - Summer Fling Planning Meeting
- February 24 - County Achievement Night

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**COUNTY COUNCIL  
2024  
KICK-OFF  
MEETING**

Thursday, January 4th  
715 Cabarrus Ave W  
Concord, NC

**6:00 PM  
INSTALLATION OF  
NEW CLUB OFFICERS**

**WHAT'S DUE AT  
THIS MEETING**

- PROJECT RECORD BOOKS
- PORTFOLIOS
- CLUB SCRAPBOOKS
- LOCAL AWARD APPLICATIONS
- CLUB RE-ENROLLMENT FORMS

Register for upcoming events at:  
<http://go.ncsu.edu/registercabarrus>

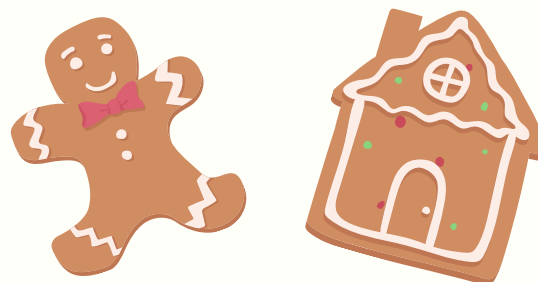
NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sexual identity (including pregnancy) and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating.

## CABARRUS COUNTY 4-H

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 704-920-3310  
<https://cabarrus.ces.ncsu.edu/categories/4-h-youth-development/>



**Wishing you all a  
safe and happy  
Holiday season!**



**We will see you in  
2024!**